

sPRING Baby Bear Lap Time Rhymes

Week 1

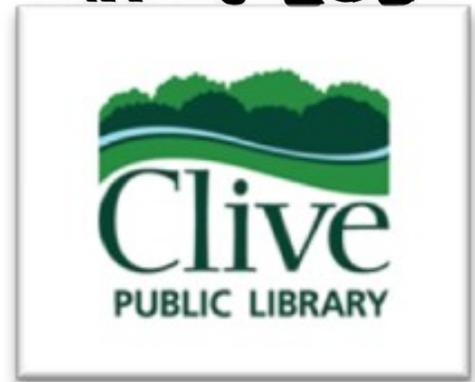
Here we go up, up, up (lift baby)

Here we go down, down, down (put baby back into lap)

Here we go backwards (lean far back)

Here we go forwards (lean forward)

Here we go round and round (Hold baby close and move your upper body in a circular motion)



Week 2

(Bounce baby on knees and sing rhyme)

To market, to market, to buy a fat pig,
Home again, home again, jiggety-jig
To market to market, to buy a fat hog,
Home again, home again, jiggety-jog,
To market, to market to buy a plum bun,
Home again, home again, market is done.

Week 3

(Follow actions)

Take your little hands and go
clap, clap, clap

Take your little toes and go

Tap, tap, tap

Take your little arms and go

Flap, flap, flap

Hooray!

Week 4

Snuggle up together (snuggle baby)

And clap, clap, clap (clap baby's hands)

Snuggle up together (snuggle baby)

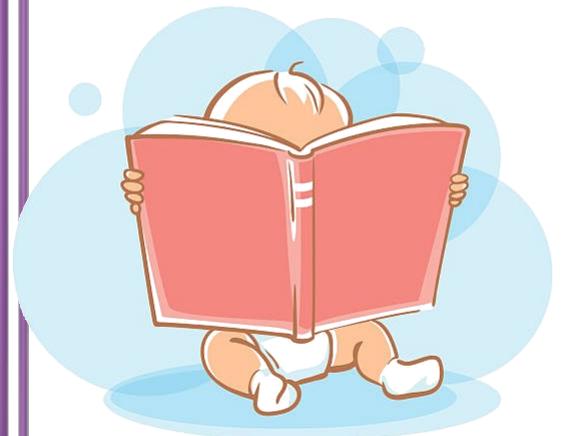
And tap, tap, tap (tap baby's feet)

We're working out together (bounce baby)

Baby don't stop

We're working out together

Now hop, hop, hop! (hop baby up and down 3xs)



SPRING Baby Bear Lap Time Rhymes



Week 5

(sway side to side)

The more we get together, together, together
The more we get together the happier we'll be
Cause your friends are my friends
And my friends are your friends
The more we get together the happier we'll be.



Week 6

(bunce baby on lap)

Ride baby ride, ch ch ch ch ch
Ride that horsey ride
Ride baby ride, ch ch ch ch ch
Ride that horsey ride
(do again but whisper)
Whooooaaaa! (lean back with baby)



Week 8

Cheek chin cheek chin cheek chin, nose
(touch baby's nose)
Cheek chin cheek chin cheek chin, toes
(touch baby's toes)
Cheek chin cheek chin, up baby goes!
(lift baby)

Week 7

(bounce baby to the words)

Jelly on the plate, jelly on the plate

Wibble wobble, wibble wobble

(sway on wibble wobble)

Jelly on the plate

Candles on the cake,

candles on the cake

Blow them out, blow them out

Candles on the cake

(blow on baby's neck or top of head)

